

Open Relationship Checklist

Who (characteristics of potential partners)

gender: women men transwomen/MtoF transmen/FtoM unimportant

coupled status: single partnered unimportant

sexual orientation: lesbian/gay/queer bisexual straight pansexual unimportant

SM orientation: top bottom switch unimportant

D/s orientation: dominant submissive unimportant

age: older younger approx. same age unimportant

familiarity: stranger unimportant

my: acquaintance best/close friend friend neighbor co-worker ex-partner

partner's: acquaintance best/close friend friend neighbor co-worker

ex- partner relative

other characteristics:

appearance:

body type:

other identity (for example: swinger, crossdresser, butch):

What (characteristics of potential experiences/relationships)

Interaction or relationship can include:

affectionate/sexual activity (see next section) flirting

BDSM activity (see last section) dating

socializing courting/romance

friendship sleepovers

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Interaction or relationship can include: (continued)

- | | |
|---|---|
| <input type="checkbox"/> travel/vacation | <input type="checkbox"/> commitment |
| <input type="checkbox"/> emotional connection | <input type="checkbox"/> all of the above |
| <input type="checkbox"/> love | <input type="checkbox"/> other: |

Affectionate and Sexual Activities

flirting ok to give ok to receive not ok depends on:

erotic touch (non-genital) ok to give ok to receive not ok depends on:

breast/nipple play ok to give ok to receive not ok depends on:

hand job/manual stimulation ok to give ok to receive not ok depends on:

frottage/tribadism ok to give ok to receive not ok depends on:

cunnilingus ok to give ok to receive not ok depends on:

fellatio ok to give ok to receive not ok depends on:

analingus ok to give ok to receive not ok depends on:

vaginal penetration with fingers ok to give ok to receive not ok

depends on:

vaginal penetration with toys ok to give ok to receive not ok

depends on:

vaginal penetration with penis ok to give ok to receive not ok

depends on:

vaginal fisting ok to give ok to receive not ok

depends on:

anal penetration with fingers ok to give ok to receive not ok

depends on:

anal penetration with toys ok to give ok to receive not ok

depends on:

anal penetration with penis ok to give ok to receive not ok

depends on:

anal fisting ok to give ok to receive not ok

depends on:

_____ ok to give ok to receive not ok

depends on:

_____ ok to give ok to receive not ok

depends on:

_____ ok to give ok to receive not ok

depends on:

When

frequency of contact:

one time only

ongoing, infrequent, specify:

ongoing, frequent, specify:

other:

all of the above

Are there special occasions, days of the week reserved for a particular partner?
(specify)

Where

in town

out of town

public settings (parties, clubs)

events

at home

not at home

other:

BDSM roles/specifics

temporary marks on body ok not ok depends on:

use of honorifics (Mistress, Daddy, etc.) ok not ok depends on:

permanent body modification ok not ok depends on:

wearing a collar ok not ok depends on:

_____ ok to give ok to receive not ok depends on:

_____ ok to give ok to receive not ok depends on:

_____ ok to give ok to receive not ok depends on:

are any of the following roles ok, not ok?

slave boy girl Daddy Master Mistress Mommy servant pet Lady
 Sir Ma'am sissy maid

BDSM/Kink Activities

spanking ok to give ok to receive not ok depends on:

caning ok to give ok to receive not ok depends on:

slapping ok to give ok to receive not ok depends on:

flogging ok to give ok to receive not ok depends on:

singletail whipping ok to give ok to receive not ok depends on:

clips and clamps ok to give ok to receive not ok depends on:

pinching ok to give ok to receive not ok depends on:

hot wax ok to give ok to receive not ok depends on:

knife play (no breaking the skin) ok to give ok to receive not ok depends on:

electricity play ok to give ok to receive not ok depends on:

tickle torture ok to give ok to receive not ok depends on:

fireplay ok to give ok to receive not ok depends on:

rough sex ok to give ok to receive not ok depends on:

cock and ball play ok to give ok to receive not ok depends on:

genital play/genitorture ok to give ok to receive not ok depends on:

sounds ok to give ok to receive not ok depends on:

enemas ok to give ok to receive not ok depends on:

golden showers ok to give ok to receive not ok depends on:

face slapping ok to give ok to receive not ok depends on:

hair pulling ok to give ok to receive not ok depends on:

spitting ok to give ok to receive not ok depends on:

punching ok to give ok to receive not ok depends on:

pushing ok to give ok to receive not ok depends on:
wrestling ok to give ok to receive not ok depends on:
biting ok to give ok to receive not ok depends on:
scratching ok to give ok to receive not ok depends on:
sensory deprivation, ok to give ok to receive not ok depends on:
gags ok to give ok to receive not ok depends on:
breath control and play ok to give ok to receive not ok depends on:
bondage ok to give ok to receive not ok depends on:
suspension ok to give ok to receive not ok depends on:
chastity devices ok to give ok to receive not ok depends on:
predicament bondage ok to give ok to receive not ok depends on:
mummification ok to give ok to receive not ok depends on:
Master/slave ok to give ok to receive not ok depends on:
domestic servitude ok to give ok to receive not ok depends on:
sexual service ok to give ok to receive not ok depends on:
personal service ok to give ok to receive not ok depends on:
24/7 D/s ok to give ok to receive not ok depends on:
animal roleplay ok to give ok to receive not ok depends on:
age play ok to give ok to receive not ok depends on:
erotic roleplay (specify)
_____ ok to give ok to receive not ok depends on:
_____ ok to give ok to receive not ok depends on:
_____ ok to give ok to receive not ok depends on:
_____ ok to give ok to receive not ok depends on:
_____ ok to give ok to receive not ok depends on:

taboo play ok to give ok to receive not ok depends on:
mindfuck ok to give ok to receive not ok depends on:
interrogation ok to give ok to receive not ok depends on:
humiliation ok to give ok to receive not ok depends on:
kidnapping ok to give ok to receive not ok depends on:
orgasm control/denial ok to give ok to receive not ok depends on:
crossdressing ok to give ok to receive not ok depends on:
forced crossdressing ok to give ok to receive not ok depends on:
medical play ok to give ok to receive not ok depends on:
play/temporary piercing ok to give ok to receive not ok depends on:
saline inflation ok to give ok to receive not ok depends on:
stapling ok to give ok to receive not ok depends on:
permanent piercing ok to give ok to receive not ok depends on:
cutting ok to give ok to receive not ok depends on:
branding ok to give ok to receive not ok depends on:

➡Other play? Be specific! Add your own to this list!

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